

Tarek Elsherif
CURRICULUM VITAE

1. PERSONAL DATA:

Name: Tarek Elsherif
Place of Birth: Cairo – Egypt
Marital State: Married
Children: 4 Children
Position: Founder and CEO of 4Z for Quality
E-Mail: drtarekelsherif@the4z.com
Website: www.th4z.com



2. Fields of Specialization:

Teaching, Coaching, Writing, Consulting, Management, Auditing, Research.

3. SOFT SKILLS:

Leadership, Organization, Time management, Teamwork, Motivation, Flexibility.

4. CAREER DETAILS:

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| 2021- | 4Z for Quality Founder and CEO. | Bahrain |
| 2019- | Writer Freelancer | Global |
| 2011-2018 | Al-Baha university – Faculty of Science Assistant Professor. | Saudi Arabia |
| 2009-2011 | Jazan university – Faculty of Medicine Assistant Professor. | Saudi Arabia |
| 2002-2005 | VACSERA – Cairo Head in charge of the HR division. Head of the training department. Scientific consultant at monoclonal antibodies plant. Head of the molecular diagnostics unit. Scientific consultant at DNA sequencing unit. | Egypt |
| 2004 | SIRA – Cairo Scientific consultant. | Egypt |
| 2000-2002 | Clinical pathology laboratory – Cairo Lab supervisor. | Egypt |
| 1996-2000 | Technical University – Munich Research Assistant. | Germany |

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| 1994-2000 | Gastronomy – Munich Chef. | Germany |
| 1994 | Göttingen University – Göttingen Research Assistant. | Germany |
| 1992-1993 | Max Planck Institute for Biochemistry – Munich Research Assistant. | Germany |
| 1992 | German Stock Exchange – Munich Temporary Worker. | Germany |
| 1991 | Deutsche Bank – Munich Temporary Worker. | Germany |
| 1990-1993 | Arabic Teacher – Munich Freelancer. | Germany |

5. ACADEMIC/PROFESSIONAL PARTICULARS:

(a) Academic Qualifications:

| | | |
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| 2000 | Technical University (TUM) – Munich PhD degree in natural sciences (Dr. rer. nat.). | Germany |
| 1993 | Ludwig Maximilian University (LMU) – Munich Master degree in biology (Dipl. Biol.). | Germany |
| 1986 | Cairo University – Cairo Bachelor degree in biology (B.Sc.); major: botany; minors: biochemistry, physics. | Egypt |

(b) Language Proficiency:

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| Fluent: | Arabic (mother tongue). German. English. |
| Medium level: | Turkish. French. |

(c) Computer Skills:

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| Advanced: | PC Maintenance. MS Office Applications. Website Design. HTML Programming. CSS Programming. Graphic Design. Internet. |
| Medium level: | Data Bases. |

(d) Training:

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| 2021 | CQI/IRCA Certified ISO 9001:2015 lead auditor training – BSI | United Kingdom |
| 2018 | Adaptation for Living in Turkey training – European Union | Turkey |
| 2006 | Biosafety training – Jonathan Richmond & Assoc. for biosafety | United States |
| 2005 | Leadership skills workshop – transformation action group | Egypt |
| 2005 | Good laboratory practices training – VACSERA | Egypt |
| 2003 | Genetic engineering and genomics workshop – Mubarak city | Egypt |
| 2002 | Egyptian old history course – Helwan university | Egypt |
| 1996 | HPLC training – Kontron instruments company | Germany |
| 1990-1992 | General and specialized biology courses – LMU | Germany |
| 1988-1989 | German language proficiency course – Kaiserslautern university | Germany |

(e) Participation in Regional and International Conferences:

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|------|--|---------------|
| 2006 | Autism congress – Ain Shams university | Egypt |
| 2004 | African genome conference – Ain Shams university | Egypt |
| 2004 | International biotech congress “Bio-Pyramids” – VACSERA | Egypt |
| 1998 | 19th International congress of plant breeding – EUCARPIA | France |
| 1994 | 3rd Congress of European society for analytical & cellular pathology | France |

(f) Academic Honors and Awards:

| | | |
|-----------|---|----------------|
| 1994 | Göttingen University – Göttingen Research training group scholarship of German research foundation (DFG). | Germany |
| 1990-1993 | Ludwig Maximilian University – Munich Scholarship of the Munich student union at the LMU. | Germany |
| 1986 | Cairo University – Cairo Graduate’s medal of excellence of the faculty of science. | Egypt |

(g) Membership of Professional Bodies:

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| 2021- | CQI – London Membership of the Chartered Quality Institute. | United Kingdom |
| 2021- | IRCA – London Membership of the International Register of Certificated Auditors. | United Kingdom |
| 1997-2000 | Eucarpia – Munich Membership of the European association for research on plant breeding. | Germany |

6. TEACHING:

(a) Summary of Courses Taught:

| | | |
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| 2011-2018 | Faculty of science – Al-Baha university Cell & molecular biology, principles of genetics, molecular genetics, cytology & histology, immunology, histochemistry, general biology, plant anatomy, health education, English terminology, communication & scientific thinking skills. | Saudi Arabia |
| 2009-2011 | Faculty of medicine – Jazan university Human biology. | Saudi Arabia |
| 1996-2000 | School of life sciences – Technical university Munich Practical flavonoid biochemistry. | Germany |
| 1992-1993 | Max Planck institute for biochemistry – Munich Practical flow cytometry. | Germany |

(b) Research Students Supervised/Trained:

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| 2016 | Cholesterol. (Graduation project). |
| 2015 | Impact of fast food on health. (Graduation project). |
| 2014 | Saudi premarital screening program. (Graduation project). |

(c) Training Courses / Lead Instructor:

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|------|---|--------------|
| 2009 | Clean room technology workshop – VACSERA | Egypt |
| 2009 | British pharmacopeia workshop – VACSERA | Egypt |
| 2008 | Presentation skills training – VACSERA | Egypt |
| 2006 | Total quality management lectures – VACSERA | Egypt |
| 2005 | Preservatives in vaccines and autism lecture – VACSERA | Egypt |
| 2003 | Biotechnology at work workshop – VACSERA | Egypt |

7. RESEARCH GRANTS:

| | | |
|-----------|---|----------------|
| 1996-2000 | German research foundation grant– Principal investigator | Germany |
| 1994 | German research foundation grant– Principal investigator | Germany |
| 1992-1994 | Max Planck society grant– Principal investigator | Germany |

8. SERVICE:

(a) Public Service:

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| 1990-1993 | Student campus of the LMU – Munich Offer free courses in Arabic for non-speakers. | Germany |
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| 1986-1987 | Egyptian armed forces – Cairo Doing the obligatory military service as a soldier at the air defense forces. | Egypt |
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(b) University Service:

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| 2011-2018 | Faculty of science – Al-Baha university Membership of the laboratory needs committee, curriculum development commission, and of the examination board. | Saudi Arabia |
| 2009-2011 | Faculty of medicine – Jazan university Membership of the examination board. | Saudi Arabia |

(c) Membership of Conference Committees:

| | | |
|------|---|-------|
| 2004 | International biotech congress “Bio-Pyramids” – VACSERA | Egypt |
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(d) Invited Presentations at Scientific Meetings/Workshops:

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| 1994 | Presentation at the 3 rd ESACP congress | France |
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9. LIST OF PUBLICATIONS:

(a) Scientific Publications:

| | | |
|------|---|-------------------------------------|
| 2000 | PhD thesis (in German) | Technical University Munich Website |
| 1994 | Journal of analytical cellular pathology. Vol. 6: 185-317 | France |
| 1994 | Cytometry suppl. 7, p 25 | Germany |

(b) Conference Papers:

| | | |
|------|---|--------|
| 1998 | Poster at the 19th international congress of plant breeding | France |
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(c) Books/Book Chapters:

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| 2021 | Translation of “Bought Science” book from German | in progress |
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(d) Other Publications:

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| 2021 | Is it the end of the World, or a new start (In Arabic) | Arabi 21 |
| 2021 | France frees its Muslims from slavery to God (In Arabic) | Arabi 21 |
| 2021 | Developing of earth ... where have we come? (In Arabic) | Arabi 21 |
| 2021 | The post-Corona era ... a new history for humanity (In Arabic) | Sasapost |
| 2021 | Suppose that Coronavirus origin is not natural ... so what? (In Arabic) | Sasapost |
| 2021 | They see it soon; we see it far (In Arabic) | Sasapost |
| 2021 | Corruption of science 3 (In Arabic) | Sasapost |

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| 2021 | Corruption of science 2 (In Arabic) | Sasapost |
| 2021 | Corruption of science 1 (In Arabic) | Sasapost |
| 2020 | Conspiracy theories in the era of corona virus 4 (In Arabic) | Sasapost |
| 2020 | Conspiracy theories in the era of corona virus 3 (In Arabic) | Sasapost |
| 2020 | Conspiracy theories in the era of corona virus 2 (In Arabic) | Sasapost |
| 2020 | Conspiracy theories in the era of corona virus 1 (In Arabic) | Sasapost |

